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The struggle that empowers us all ...

**are we denying our true potential -
because it seems too hard?**

**Consider this story as to what is going on
in your life:**

- Are we trying to rescue?
- Are we keeping the victim stuck?
- Are we investing wisely?
- We have everything we need!

The Butterfly

One day ... a small opening appeared on a cocoon; a man sat and watched, waiting for the butterfly to emerge for several hours as it struggled to force its body through that little hole.

Then it seems to stop making any progress.

It appeared as if it had gotten as far as it could and it could not go any further. So the man decided to help the butterfly; he took a pair of scissors and opened the cocoon.

The butterfly then emerged easily. But it had a withered body, it was tiny with shriveled wings.

The man continued to watch because he expected that, at any moment, the wings would open, enlarge and expand, to be able to support the butterfly's body.

Neither happened! In fact, the butterfly spent the rest of its life crawling around with a withered body and shriveled wings. It never was able to fly.

What the man, in his kindness and goodwill did not understand was that the restricting cocoon and the struggle required for the butterfly to get through the tiny opening were God's way of forcing fluid from the body of the butterfly into its wings, so that it would be ready for flight once it achieved its freedom from the cocoon.

Sometimes, struggles are exactly what we need in life. If God allowed us to go through our life without any obstacles, it would cripple us.

We would not be as strong as we could have been.

Never been able to fly.

..... Author unknown



The Present

Imagine there is a bank that credits your account each morning with \$86,400.00. It carries over no balance from day to day. Each morning it deletes whatever part of the balance you fail to use that day.

What would you do? Draw out every cent each day?

We all have such a bank. Its name is TIME. Every morning it credits you with 86,400 seconds. Every night, it writes off as a loss, whatever you fail to invest to good purpose. It carries no balance... It allows no overdraft. Each day it opens up a new account... Each night it burns up the remains. If you fail to use the day's deposit... the loss is yours. There is no going back there is no drawing against tomorrow. You must live in the present on today's deposits.

Invest it so you get the utmost in health, happiness and success. The clock is running make the most of today.

To realise the value of one year ...
ask a student who has failed a grade.
To realise the value of one month ...
ask a mother who gave birth to a premature baby.
To realise the value of one second ...
ask someone who has missed a flight.
To realise the value of a milli-second ...
ask someone who has won a silver medal.

Treasure every moment you have. Treasure it more because you share it with someone special.

Remember time waits for no one. Yesterday is history ... Today is a gift ... That is why it is called the present.

.....Author unknown

I asked for Strength ...
And God gave me Difficulties to make me strong.
I asked for Wisdom ...
And God gave me Problems.
I asked for Prosperity ...
And God gave me a Brain and Brawn to work.
I asked for Courage ...
And God gave me Obstacles to overcome.
I asked for Love ...
And God gave me Troubled People to help.
I asked for Favours ...
And God gave me Opportunities.
*“I received nothing I wanted.
But I received everything I needed.”*

Live life without fear, confront all obstacles and evince that you can overcome them.

Vis medicatrix naturae
(The healing power of nature)

Compliments:

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